

Empowering Resilience: Women, Environment, and Socio-Economic Challenges in Nigeria

Stella Chinyere Nwankwo

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Preface

This book explores the complex challenges faced by Nigerian women amidst environmental and socio-economic hardships. This book delves into the personal and scientific narratives that outline the resilience and hardships of women who confront cultural and systemic barriers in their daily lives. Nigeria's diversity and inequality set the stage for stories of adversity and perseverance. Each chapter combines real-life experiences with scholarly research, providing a voice to those often overlooked. The narrative illustrates how societal norms and environmental issues intertwine with human endurance. This book not only focuses on the struggles but also celebrates the indomitable spirit of Nigerian women. It calls for action from policymakers, community leaders, and global citizens to reconsider and reform the systems that affect women's lives. Through understanding these multifaceted challenges, we can work towards sustainable development and improved gender equality. This book aims to educate, inspire, and drive change, enhancing our understanding of the crucial role women play in Nigeria's socio-economic landscape.

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